

# MONTVERDE ACADEMY



## CAFETERIA MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Scrambled Eggs Breakfast Burrito Hash Browns Sausage Links	Cheese Omelet French Toast Tater Tots Bacon	Scrambled Eggs Biscuits & Gravy Home Fries Sausage Patties	Scrambled Eggs Western Omelet Tater Tots Ham	Scrambled Eggs Chocolate Chip Pancakes Corned Beef Hash Grits	BRUNCH	BRUNCH
	<i>PASTRY BAR / CEREAL BAR / WAFFLE BAR EVERYDAY</i>						
<b>LUNCH</b>	Chicken Patties Mac & Cheese Corn	Sliced Beef & Gravy Rice Pilaf Broccoli	Sausage & Peppers & Onions Corn Dogs Baked Beans Carrots	<i>Breakfast for Lunch</i> Scrambled Eggs French Toast Sticks Sausage Patties Tater Tots	Pizza Corn	BRUNCH	BRUNCH
	<i>SOUP &amp; SALAD BAR / DELI BAR EVERYDAY</i>						
<b>PASTA BAR</b>	<i>Pasta Marinara Sauce Alfredo Sauce</i>	<i>Pasta Marinara Sauce Alfredo Sauce</i>	<i>Pasta Marinara Sauce Pesto Alfredo Sauce</i>	<i>Pasta Meat Sauce Alfredo Sauce</i>	<i>Pasta Marinara Sauce Alfredo Sauce</i>		
<b>ASIAN BAR</b>	<i>Steamed Rice Vegetable Stir Fry W/ Snow Peas</i>	<i>Steamed Rice Chicken Stir Fry</i>	<i>Steamed Rice Vegetable Stir Fry</i>	<i>Steamed Rice Chef Stir Fry</i>	<i>Steamed Rice Vegetable Stir Fry W/ Broccoli</i>		
<b>DINNER</b>	Pot Roast Parsley Potatoes Mixed Vegetables	Pork Chops Mashed Potatoes Carrots	Fried Chicken Baked Potatoes Corn on the Cob	Beef Stroganoff Egg Noodles Green Beans	Lemon Pepper Tilapia Rice Pilaf Butternut Squash	Beef Ravioli Mixed Vegetables	Hamburgers French Fries Green Beans
	<i>SALAD BAR / DELI BAR EVERYDAY</i>						
<b>ASIAN BAR</b>	<i>Chicken &amp; Veg. Lo Mein Steamed Rice</i>	<i>Pork Stir Fry Steamed Rice</i>	<i>Vegetable Stir Fry Steamed Rice</i>	<i>Beef, Snow Peas &amp; Carrots Steamed Rice</i>	<i>Chicken Teriyaki w/ Vegetables Steamed Rice</i>	CLOSED	CLOSED